

Official Nature Appreciation Manual

(Revised edition)



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SFBC

Purpose:

To give concerned nature appreciators



A list of rules or guides to help them in their enjoyment and efforts to help our environment.

Adapted for pandemic situations

Those who check off (☑) at least 35 of the rules and guides as they are practiced, will be considered an

Official Nature Appreciator

Thereby they will have permission to download the official recognition certificate.

SFBC is a non-profit organization consisting of environmentally conscientious folks who enjoy observing wild birds, studying their environments, and helping them survive.

Note, if you are a child taking this quiz, answer the adult questions as your parents would.



Check off your participation

Part 1

Water- 5 points

- Rule W1: ☐ Do not waste water. Water is the most important natural resource of our earth.
- Rule W2: ☐ Do not pollute water. Keep toxics, and dangerous and unnatural materials out of water.
- Rule W3: ☐ Recycle Water where possible.
- Rule W4: ☐ Wash your car on your lawn.
- Rule W5: ☐ Catch rainwater in a barrel for watering your plants.

Soil – 3 Points

- Rule S1: ☐ Do not put dangerous chemicals in the soil.
- Rule S2: ☐ Plant native plants to prevent erosion.
- Rule S3: ☐ Use only natural additives when necessary.

Air- 4 Points

- Rule A1: ☐ Do not spray chemicals in the air.
- Rule A2: ☐ If possible, do not use gasoline engine yard tools. Use electric or manual ones.
- Rule A3: ☐ Do not burn yard waste, tree branches or garbage.
- Rule A4: ☐ Do not smoke.



Part 2

Yard- 12 Points

- Rule Y1: ☐ Plant native grasses instead of non-native, water hungry grasses like bluegrass.
- Rule Y2: ☐ Do not mow your grass shorter than 4 inches.
- Rule Y3: ☐ Water your lawn sparingly.
- Rule Y4: ☐ Recycle when mowing.
- Rule Y5: ☐ Do not bag leaves, mulch instead.
- Rule Y6: ☐ If necessary to fertilize, use natural fertilizers.
- Rule Y7: ☐ Make a garden.
- Rule Y8: ☐ Plant native forbs, (flowers).
- Rule Y9: ☐ Plant native shrubs and trees.
- Rule Y10: ☐ Use sand or environmentally friendly de-icers.
- Rule Y11: ☐ Keep a list of native birds, butterflies and dragonflies that visit your yard.
- Rule Y12: ☐ Put out bird feeders, bird houses and birdbaths.



House- 8 Points

- Rule H1: ☐ Do not microwave food in plastic containers.
- Rule H2: ☐ Make your own basic cleaners out of environmentally friendly liquids.



House (continued)

Rule H3: ☐ Recycle as much as possible.

Rule H4: ☐ Turn heat/air conditional to environmentally friendly temperatures.

Rule H5: ☐ Use reusable water containers, not disposable plastic bottles, and drink tap water if possible.

Rule H6: ☐ Do not use commercial scent plug-ins, nor scented sprays unless environmentally approved.

Rule H7: ☐ Buy organic foods when possible.

Rule H8: ☐ Use bar soaps instead of liquid.



Part 3

Outdoor Experiences- 8 Points

Rule O1: ☐ Take walks in parks.

Rule O2: ☐ Don't pass up a beautiful day with blue sky and puffy clouds to take a walk or drive.

Rule O3: ☐ Take photos or make sketches of beautiful nature creatures or scenes.

Rule O4: ☐ Share your creations with friends.

Rule O5: ☐ Volunteer to help at a park.

Outdoor Experiences (continued)

- Rule O6: ☐ Take environmentally friendly vacations.
- Rule O7: ☐ Observe bird, Butterfly, wild flower and Dragonfly species during your walks or drives. Keep a life check-off list.
- Rule O8: ☐ Teach your children to appreciate nature. Children, encourage your parent to do the same.



Group Participation- 10 Points

- Rule P1: ☐ Join a local or national environmental group.
- Rule P2: ☐ Friend Facebook environmental pages and join eBird, iNaturalist, etc. citizen science programs.
- Rule P3: ☐ Volunteer to take part in Earth/Arbor Days.
- Rule P4: ☐ Support environmentally friendly candidates and laws.

Participation – Pandemic related

- Rule P5: ☐ Wear face protection masks in public.
- Rule P6: ☐ Practice safe distancing outside the home.
- Rule P7: ☐ Wash your hands often.
- Rule P8: ☐ Support businesses that require masks to be worn by employees and customers.
- Rule P9: ☐ Keep updated on accurate information.
- Rule P10: ☐ Check on elderly or susceptible neighbors.



Now Count Your checks!

Scoring



10-15- Good Start!



16-25- Keep Trying



26-34- You are doing great!



35-50- You are now an



Official Nature Appreciator



You can download and print
the official ONA certificate.

Your Score!!!





Official Nature Appreciator

*The Following Person has demonstrated
Great Appreciation of our Natural Environment
by Practicing 35 or more Nature Friendly Activities*

Whereby the above named person is awarded the designated title of

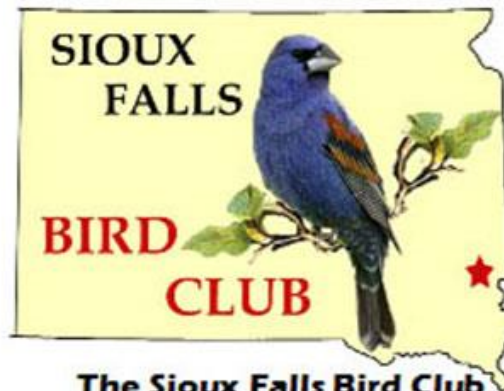
OFFICIAL NATURE APPRECIATOR

AND FORTHWITH HAS PERMISSION TO SHARE THEIR EXPERIENCES
AND ENCOURAGE OTHERS TO TAKE PART IN NATURE APPRECIATION ACTIVITIES



*So Decreed and awarded by the SFBC
During the years of 2020 -2022 Common Era*





The Sioux Falls Bird Club

is an organization founded to promote the enjoyment, study, and conservation of wild birds in the Sioux Falls Region.

Benefits of membership:

- Monthly field trips
- Internet list-serv and photo sharing
- Notification of birding related events
- New friends who share enjoyment of birds
- Our website is: www.siouxfallsbirdclub.org
- Meetings and speakers at the Outdoor Campus

How to Join: Membership is for one calendar year.
The cost is \$5.

Our list serv is open to anyone who is interested as a birder

To join the list serv (free) or become a member:

go to our website
www.siouxfallsbirdclub.org
and pay with PayPal